



**HASA Presents: "Rise n' Run 5k and 1 Mile Fun Run" Benefitting Morning Mile**  
 March 31, 2012

**When**  
 March 31, 2012  
**Time**  
 8:30 AM

**Where**  
 Westside Park  
 1001 NW 34th St.  
 Gainesville, FL

[Open Map in new window](#)

**Already Registered?**

Enter your Last Name and Confirmation ID to review your record.

Last Name

ID

**Registration Information**

**What could get a 3<sup>rd</sup> grader to run 500 miles at school in one year? What could get a kindergartener to complete 300 miles?**

**Fitness International's Morning Mile** is a before-school walking/running program that gives children the chance to start their day in an active way while enjoying fun, music and friends. It's also supported by a wonderful system of rewards, which keeps students highly motivated and frequently congratulated. It's a proven project geared towards fighting childhood obesity and increasing the physical activity levels of school children nationwide.

Morning Mile is about fitness and fun! We're raising money to ensure more children have the opportunity to start each day of the school year in an active healthy way. The University of Florida Health Administration Student Association is supporting the Morning Mile by presenting both a 5k and 1-mile fun run to benefit this blossoming, positive fitness program. Help us fight childhood obesity while promoting fitness by bringing the entire family out to Westside Park in Gainesville on Saturday, March 31st for a morning of fun, food and of course...miles!

[MorningMile.com](http://MorningMile.com)

Register for the 5k today for a reduced rate of \$15.00 or the morning of the event for \$20!

The 1 Mile Fun Run is only \$5 when you preregister and \$7 the day of the event!

We will track each lap you complete in a fun way like the kids do every day while participating in the Morning Mile, and reward you in a fun way as well! We will also have delicious healthy snacks after the race.

**We can always use more volunteers, so if you or anyone you know wants to help out please don't hesitate to contact Andy Canning at [ross9501@ufl.edu](mailto:ross9501@ufl.edu) and Terry McGowan at [tmcgowan@ufl.edu](mailto:tmcgowan@ufl.edu).**

**Find Me**

Registration	Price	Quantity
5k Fun Run	\$15.00	0
1 Mile Fun Run	\$5.00	0

**Continue**

**Event Details**

"Rise n' Run 5k and 1 Mile Kid Run" Schedule of Events

7:00 AM: Same Day Registration Opens

8:30 AM: 1 Mile Fun Run Begins!

9:00 AM: 5k Fun Run Begins!

Can't wait to see you at Westide Park March 31, 2012 and 8:30 AM!

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