

Yulee Railroad Days 10K* & 5K Trail Race



*
**A Grand Prix Event
held by the
Florida Track Club**



and
the



**Friends of the
Gainesville-Hawthorne
Trail**

**Saturday, June 3rd 2006
Gainesville, Florida**

Registration:

Register online at:
www.active.com

Register by Mail by completing the entry form on the back and mailing it with your check payable to:

FrOGHaT, Inc.
P. O. Box 357841
Gainesville, Florida 32635

BEFORE May 27th, 2006.

Or, Register on race day, on site, beginning at 7 a.m.

Fees:

17 & under - FREE (T-shirt \$6)

Pre-registration by May 27th
\$12 regular participants
\$10 for FTC/ FrogHAT members
T-shirt – add \$6

Race day registration

\$15 per person, T-shirt – add \$6
No guaranteed T-shirts with race day registration.

Trophies:

1st place overall male & female,
1st place masters male & female
and top 3 in each age group!

For more information call or visit:
Florida Track Club 352-378-8725,
www.floridatrackclub.org
www.frogHAT.org

Who: Young and old, athletes or nature lovers, who enjoy the outdoors and Florida's amazing natural and American heritage.

What: A Florida Track Club Grand-Prix 10K Race & 5K Race

Where: Gainesville-Hawthorne Trail, Boulware Springs Trail-Head
3500 SE 15th Street in
Gainesville, Florida

When: 8:00 a.m. June 3th, 2006, with race day registration opening at 7:00 a.m.

Why: To celebrate the 150th anniversary of the building of the Yulee Railroad, to contribute to the maintenance and improvement of the Gainesville-Hawthorne Trail (proceeds will go to Trail enhancement and maintenance, and the development of more athletic events along the trail), and to HAVE FUN!

How: Compete in an important amateur racing event produced by one of the nation's most established Track Clubs or just enjoy the natural beauty of one of Florida's most scenic rail trails.



STEVEN P. SPARKS
TRUMPET PLAYER / BUGLER
352.317.5652



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Hawthorne, Florida

**Florida Track Club and
Friends of the Gainesville-Hawthorne Trail
Yulee Railroad Days
10K Grand Prix Race and 5K Fun-Run
June, 3, 2006, Gainesville, Florida
Registration Form**



GATOR CYCLE

First Name

Last Name

Street Address (include apartment number)

City

State

Zip Code

E-mail (or Phone if you don't have email)

T-shirt size

FTC member

FrOGHaT member

5K

10k

Age (on race day)

Male

Female

- -

Date of Birth (MM-DD-YY)

\$ Enclosed

I know that running a road race is a potentially hazardous activity. I should not enter and run unless I am medically able and properly trained. I agree to abide by any decision of a race official relative to my ability to safely complete the run. I assume all risks associated with running in this event including, but not limited to: falls, contact with other participants, the effect of the weather, including high heat and/or humidity, traffic and conditions of the road, all such risks being known and appreciated by me. I understand that bicycles, skateboards, baby joggers, roller skates or blades, animals and radio headsets are not allowed in the race and I will abide by this guideline. Having read this waiver and knowing these facts and in consideration of your accepting my entry, I, for myself and anyone entitled to act on my behalf, waive and release the ROAD RUNNERS CLUB OF AMERICA, the FLORIDA TRACK CLUB, Friends of the Gainesville-Hawthorne Trail, Inc., all volunteers, and all sponsors, their representatives and successors from all claims or liabilities of any kind arising out of my participation in this event though the liability may arise out of negligence or carelessness on the part of the persons named in this waiver. I further grant permission to this race and organization conducting the race and/or agents authorized by them to use any photographs, videotapes, motion pictures, recordings, or any other record of this event for any purpose.

I have read and understand the above waiver of liability

Signed: _____ Date: _____

If under 18, signature of legal guardian: _____